

Announcing a bilingual website about osteoporosis

(Translated)

Los Angeles, 15 Oct 2009 (EFE) – The California Hispanic Osteoporosis Foundation of Osteoporosis (CHOF) announced the launching of the first bilingual website to offer information about osteoporosis, in order to help prevent the disease which is occurring at “alarming levels” in the community.

Osteoporosis is a disease in which the bone mass is reduced due to decreasing calcium levels and can lead to extremely serious fractures and even to death.

“People do not want to believe it, but research indicates that mature women have a greater risk of dying after a hip fracture than after a breast cancer,” said Dr. Augusto Focil, CHOF President, in an interview with EFE.

“The problem of osteoporosis needs urgent attention and it is fundamental that we need to raise the consciousness of it in our communities,” Focil added.

Dr. Focil referenced the statistics that 1 of 2 women suffers or will suffer from osteoporosis, and 1 in 4 men.

In the morning, in the users of website www.CHOFfound.org will have excellent and relevant information about the disease, how to prevent it, where to get screened, where to access help and other vitally important aspects on the subject.

“In addition we have in the website a calendar of events to tell people the dates and the places where our foundation will be providing free of screenings,” added Dr. Focil.

Making simple changes in lifestyles or habits can prevent osteoporosis, which is the reason why information plays a primary role in prevention.

“The experience that we have in only four years of working at the California Hispanic Osteoporosis Foundation indicates to us that, more and more, the disease is being diagnosed in young people more often,” said Dr. Focil.

“The disease is increasing in a very worrisome way. But if we can unite the doctors, the health centers, the government, the community and mass media, it is certain that we will be able to prevent many cases [of osteoporosis] and build healthy communities with better care.”